Information/Registration Form

Introduction

Bedford Disabled Horse Riding Association celebrates its 65th birthday this year and to mark the occasion what better way than to go the '**extra mile**' with a run or walk taking you through 7.2 miles of Bedfordshire countryside starting and finishing at our riding centre on Balls Lane in Willington.

Together with our friends at The Rotary Club of Bedford Park, we have created this wonderful opportunity to get fit and to raise funds for a very worthwhile cause.

The Rotary Club is no stranger to arranging running and walking challenges and this event will also be an opportunity to remember Martyn Pearson, a stalwart organiser behind their previous challenges, who sadly passed away in December 2025. Martyn's wife Lorrie is set to send us all on our way.

The plan is for entrants to either **Run** or **Walk** the **10k + 1 mile** (see what we did there?) on **Saturday 24th October 2026**.

Participants

The runs and walks are open to anyone, although there is a minimum age of 16 for runners. You can even take part 'virtually' and still get sponsored. It is recommended that each entrant carries out some form of training prior to the event to make sure that they are fit enough to complete the course. All participants enter at their own risk. Marshalls will direct you around the course, please pay attention to any directions that they may give you.

An event T-shirt is available to purchase for £15.00. See following pages.

Sponsorship

As this is a Charity Fundraising Event for Bedford Disabled Horse Riding Association, all entrants are encouraged to raise as much money as they can through sponsorship. All sponsorship money should be paid by either the entrant or sponsor direct to BDHRA via the event web site, **https://localgiving.org/fundraising/goingtheextramileforbdhra**, where more details about the charity can be found. Entrants can create their own fundraising page from here, just ask for details if needed.

Minimum recommended sponsorship is £100.

A sponsorship form, if required, is attached to this document. Sponsors need to complete their line on the form personally to qualify for Gift Aid.

Start Time

The walk will commence at 9.00 a.m. with the run starting at 10.15 a.m. The walks are expected to take circa two and a half hours to complete whilst the runs are estimated to take circa an hour to an hour and a half. Times are of course dependent on the speed/fitness of the entrants. Please arrive at least thirty minutes prior to the start time of your chosen event.

Facilities

There is plenty of parking on site together with both normal and accessible WCs. We have a large indoor arena to shelter from the rain should that prove necessary. Refreshments will be served.

Route

The route for the event will start from The Riding Centre in Balls Lane, Willington and take in The Dane Camp and Bedford's Priory Marina along the way. A copy of the route is attached.

Closing Date for Entries: Friday 9th Oct 2026

Registration Form

Please tick ✓

Are you Running or Walking?	Running		Walking	

Name	
Address	
Postcode	
Contact Tel. No.	
Mobile No.	
Emergency Contact Name	
Emergency Contact Tel. No.	
Email	

Age Sector	16 – 20	21 – 30	31 – 40	41 – 50	51 – 60	61+

Branded Event T-shirt £15.00	XS	S	M	L	XL	XXL

Please return to:

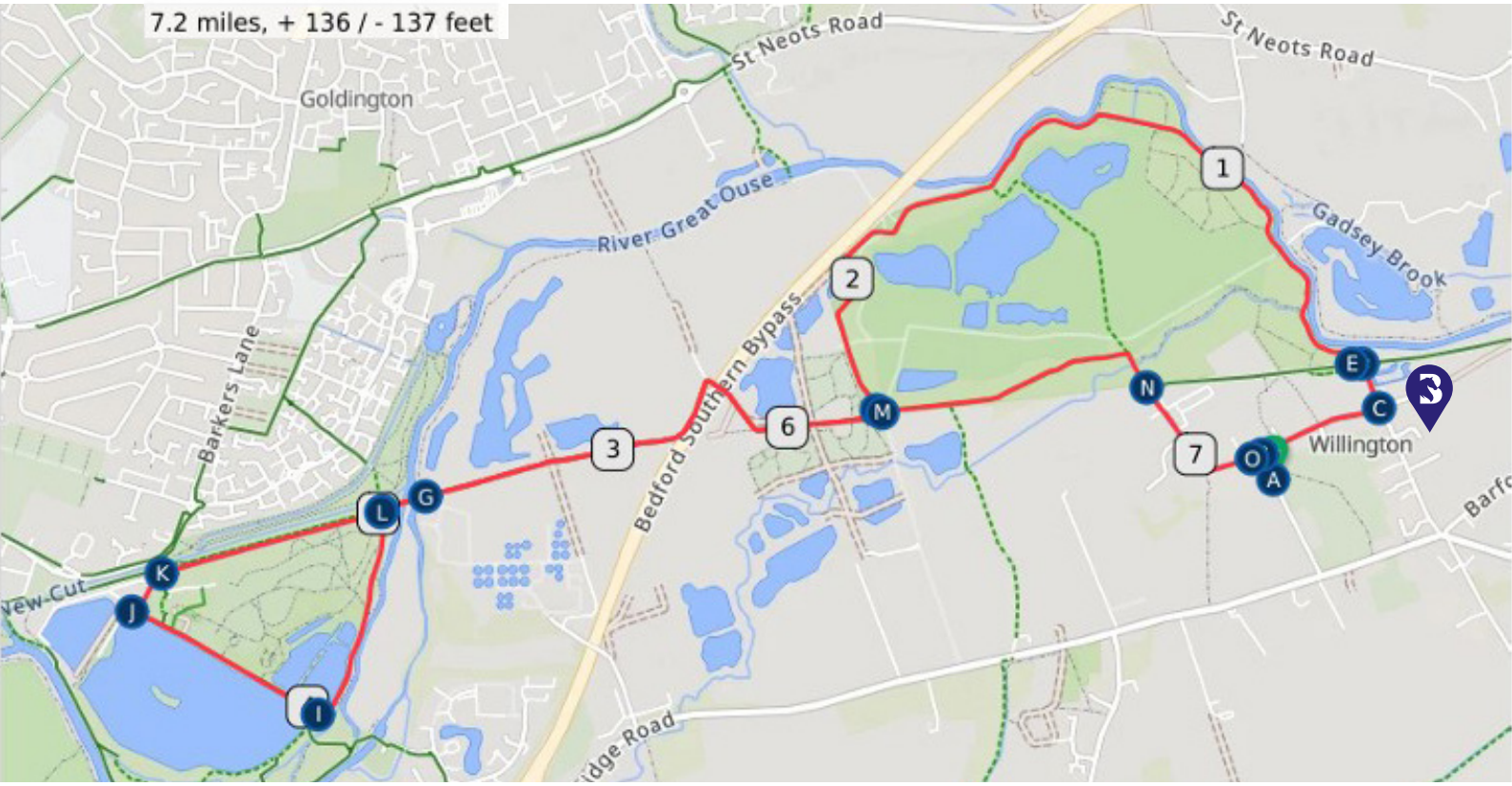
Nick Kier c/o Lane & Holmes, 66/68 St Loyes Street, Bedford MK40 1EZ

t. 07831 103020 e. nick@hea.co.uk

Closing Date for Entries Friday 9th October 2026

10K + 1 MILE... GOING THE EXTRA MILE FOR BDHRA

Route Map





Event T-shirt



10K + 1 MILE... GOING THE EXTRA MILE FOR BDHRA

Sponsorship & Gift Aid Declaration Form

Participant's Name Please Print	

	Sponsor's Name	House No / Name	Post Code	Donation Amount	Date Paid	Gift Aid
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

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If I have ticked, the box headed Gift Aid, I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity or charities named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Total Donations Received	
Total Gift Aid Donations	
Date Donations Given to Charity	

10K + 1 MILE... GOING THE EXTRA MILE FOR BDHRA